

WE ARE A EUCHARIST CENTERED PEOPLE WHO, AS THE BODY OF CHRIST, LIVE OUR FAITH IN WORD AND DEED BY SHARING OUR TIME, TALENT, AND TREASURE TO SUPPORT ONE ANOTHER AND SERVE THOSE IN NEED.

Sunday, February 21, 2021

Mass intentions during February 22nd - February 28th

Mon.	8:00	Pat and Jim Carr (L), Lazaro Naal
Tues.	8:00	George Bordi (L), Gloria Bordi Lily and Max Alcaraz (L) Jose Luis Flores (L), Lazaro Naal
Wed.	8:00	Lazaro Naal
Thurs.	8:00	Lavio and Manni Families, Lazaro Naal
Fri.	8:00	Louise Duchi, Lazaro Naal
Sat.	8:00	-
	5:00	Emma Carnazola Moss Joseph Carnazola Angiolina and Mose' Ricci
	7:30	Alfonso Mendez, Obdulia Gutierrez Maximiliana Valencia, Lazaro Naal
	7:30	Jack Overton and Jack Overton Jr. Francisca Maria Ferrer Vidal
	9:00	Loretta Giacomini
	10:30	Nina Respini
	12:00	Quintin Ponce, Sr. (L), Lazaro Naal

February 21, 2021 - First Sunday of Lent

REPENT AND BELIEVE IN THE GOSPEL

Lent is the time of year we devote to scrutinizing our lives in the light of our baptism into the death and resurrection of Jesus. Today's readings are a nice shorthand catechism of what our baptized lives mean. As Noah passed through the waters of the flood to a covenant with God, so did we enter into a covenant, a promised relationship with God through our baptism.

Peter's letter gives an explicit explanation of what our baptism means: it is an appeal we make to God for a clear conscience. How do we obtain this clear conscience? The words proclaimed by Jesus immediately following his temptation show us the way: "Repent, and believe in the gospel" (Mark 1:15). It might be a good spiritual exercise to keep these readings before us throughout the entire season of Lent, a means to help us return to a life lived by our baptismal promises.

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2021 LENTEN REGULATIONS FOR THE DIOCESE OF SANTA ROSA

"The Lenten Season has a double character, namely to prepare both catechumens and faithful to celebrate the paschal mystery. The catechumens, both with the Rite of Election and Scrutinies, and by catechesis, are prepared for the celebration of the sacraments of Christian initiation; the faithful, ever more attentive to the Word of God and prayer, prepare themselves by penance for the renewal of their baptismal promises. (From: The Order of Prayer in the Liturgy of the Hours and the Celebration of the Eucharist).



The current discipline is as follows:

Good Friday is a day of **fast and abstinence**, that is, limited to a single, full meal and abstinence from meat.

The other Fridays of Lent are days of **abstinence** from meat.

The law of **fasting** permits only one full meal a day, but it does allow the taking of some food in the morning and a second light meal at noon or in the evening, as you prefer. Persons who have completed their eighteenth year to the beginning of their sixtieth (60) year are obligated to fast.

The law of **abstinence** from meat applies to all persons who have completed their **fourteenth** year of age.

However, it is highly recommended that children from ages **seven** to **fourteen** years also follow the law of abstinence.

All Catholics are encouraged to receive Holy Eucharist frequently during Lent and to receive the Sacrament of Penance so that all may be prepared to celebrate more fully the paschal mystery. Those who have received their first Holy Communion are to receive Holy Communion during the Easter season.

The determination of these days of obligatory penance, as listed above, should not be understood as limiting the occasions for Christian penance. This penance is to help us see and shorten the distance between our present lives and the life God wants for each of us. "Penance should not be only internal and individual but external and social." (Constitution on the Sacred Liturgy #110)

REFLECT ON WHICH CONCRETE IDEAS YOU CAN FAST FROM AND FEAST ON FOR LENT



Create in me a clean heart, O God, and a steadfast spirit renew within me.

Lenten Litany

Fast from judging others and feast on what make them special, Lord help me.

Fast from jealousy and feast on offering compliments, Lord help me.

Fast from getting angry and feast on being patient, Lord help me.

Fast from worry and feast on trusting God, Lord help me.

Fast from complaining and feast on gratitude, Lord help me.

Fast from negative thoughts and feast on positive ones, Lord help me.

Fast from nastiness and feast on friendliness, Lord help me.

Fast from greed and feast on giving, Lord help me.

Fast from being the center of attention and feast on giving attention to others, Lord help me.

Fast from envy and feast on congratulating, Lord help me.

Fast from conflict and feast on understanding, Lord help me.

Fast from selfishness and feast on helping others, Lord help me.

Fast from doubt and feast on faith, Lord help me.

Fast from holding grudges and feast on forgiveness, Lord help me.

Fast from gloominess and feast on happiness, Lord help me.

Fast from discouragement and feast on hope, Lord help me.

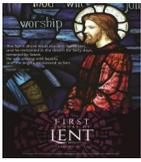
Come Holy Spirit, inspire me. Help me know what I should fast from and feast on during this Lent.

Create in me a clean heart, O God, and a steadfast spirit renew within me.



READINGS FOR THE WEEK OF FEBRUARY 22ND – FEBRUARY 28TH

Monday: 1 Pt 5:1-4; Ps 23:1-3a, 4-6; Mt 16:13-19
Tuesday: Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15
Wednesday: Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32
Thursday: Est C:12, 14-16, 23-25; Ps 138:1-3, 7c-8; Mt 7:7-12
Friday: Ez 18:21-28; Ps 130:1-8; Mt 5:20-26
Saturday: Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48
Sunday: Gn 22:1-2, 9a, 10-13, 15-18; Ps 116:10, 15-19; Rom 8:31b-34; Mk 9:2-10



ST. VINCENT DE PAUL CHURCH HAS RE-OPENED!!



All masses have resumed at our normal times.

Weekday Mass, Monday - Saturday 8:00 am, Saturday, 5:00 pm, 7:30 pm in Spanish, Sunday Masses, 7:30 am, 9:00 am, and 10:30 am and 12 noon in Spanish. We will continue to pre-record mass for those who are not feeling safe to come back to church just yet. Please wear a mask, and social distance. Please take communion and exit and do not congregate after mass. Rosaries can be said on the plaza in front of the church.

PLEASE PRAY FOR - Quintin Ponce, Sr., Martha Flores and Family, Pat Carr, Deacon Joe Remely, Cecilia Mendoza, Marie Fletcher, Jesus Maldonado and Sandra Vonder Kuhlen.



OUR SYMPATHIES go out to the family of **Josephine Isabel Robfogel** who passed away on February 13, 2021. May her soul of the faithful departed, through the mercy of God, rest in peace.

PETALUMA ROTARY CLUB is having a drive through crab feed on Friday, February 26th. Go to their website to sign up. www.petalumarotary.org



CRS RICE BOWLS are available at the entrance of the Church and at the Ministry Table. They are due on Palm Sunday, March 28th. Local and global. 75 % of your CRS Rice Bowl donation supports Catholic Relief Services' work around the world. 25% helps fight hunger and poverty in your own community. Learn more at crsricebowl.org.



Pray God of mercy,

You call us to recognize you in our sisters and brothers and to care for those most in need – for whatever you do for the least of these, you do for me. This Lent, ignite your love in us so that through our prayer, fasting and almsgiving we may support all who experience hunger in body, heart and spirit.

AMEN



ST. VINCENT'S STATIONS OF THE CROSS - will be held on Fridays at 7:30 pm in church during Lent, Friday, February 19th through Friday, March 26th. All are welcome.

ADORATION OF THE BLESSED SACRAMENT - New



Update on Thursday Adoration. Thursday Adoration of the Blessed Sacrament will be held after weekday mass at 8:45 am, with Benediction at 9:45am and ending at 10 am.

CONFESSIONS - are held in the church on Howard Street at 3:30 pm on Saturdays, or you can call 762-4278 to schedule an appointment for confession during the week.



PARISH FINANCIAL INFORMATION:

Last Sunday's offering:	
Sunday Basket:	\$7,329
On-Line Giving:	2,023
Total	\$9,352

The second collection for the St. Vincent's Religious Education Students was \$1,025.

Next weekend there will be a second collection for the Maintenance Fund.

ONLINE GIVING - To sign up for online giving with a debit card, credit card, or a check, go to <http://www.svdppetaluma.org> and look for the red "Donate" button on the upper right of the front page. Once you get there, follow the prompts to create a new account.



ALL DONATIONS ARE APPRECIATED.

We are checking the mailbox frequently, Monday through Friday, between 8 am and 4 pm. Or mail to: St. Vincent de Paul Church, 35 Liberty St., Petaluma, CA 94952.

ST. VINCENT ELEMENTARY SCHOOL NEWS

As the second trimester of the school year is coming to a close, the faculty and staff would like to acknowledge our students and their commitment to doing their best work. We are very proud of all the students at SVES. Our virtue of the third trimester is Prudence. We encourage our students to think about how they can demonstrate this virtue when making decisions at home, at school and while they are growing and learning. We will continue to pray for our community as we enter into the sacred Lenten Season.

For more information about our school community and K - 8th grade programs, please visit our website www.svelem.org or call our office at 762-6426.

ST. VINCENT DE PAUL HIGH SCHOOL

Applications are being accepted now! Entering our second century of educating students, we offer a personalized college preparatory curriculum that develops our students' spiritual, academic and social potential following the teachings of St. Vincent de Paul. Please call 707-763-1032 ext. 113 for more information or visit www.SVHS-pet.org.



ST. VINCENT'S PARISHIONERS – The family contribution statements for 2020 were sent out last week to all the families who donated over \$250.00. If you need a contribution statement or need more information, please call the Rectory at (707) 762-4278.

Special for Calvary Catholic Cemetery in Petaluma

Catholic Cemeteries is happy to announce the new columbarium, called Divine Mercy, at Calvary Catholic Cemetery in Petaluma. During the months of January through March 2021, we are having a special of 3% off of the Divine Mercy niches for pre-planning arrangements. Please contact the main office in Santa Rosa at (707) 546-6290 to schedule an appointment. Office hours in Santa Rosa are Monday through Friday, 9:30 am-3:30 pm. Our Family Service Advisors will be happy to assist you and provide more information.